

Home School Plan during COVID19

8.00

Ready

Dressed, breakfast, jobs done

Exercise

E.g. walk, scooter, backyard workout, boxing, stretches

9.00

Study & Snack

Spelling words, study topic (e.g. Rocks & Minerals), journaling,

10.00

Creative Time

E.g. Lego, dance, paint, draw, bake, outdoor play, gardening

11.00

Free Play & Lunch

Screen time / devices ok

12.00

Quiet Time

E.g. read, card games, puzzles, board games, draw, paint

1.00

Study

Devices ok (e.g. Reading Eggs, Documentaries, research)

2.30

Outdoor Play

E.g. Backyard play, walk, footy

4.00 -

Free Play

Free choice