



AUTUMN FEELY BAG

A GAME TO AWAKEN THE SENSES THIS AUTUMN

Close your eyes and use your sense of touch this autumn to explore the various shapes and textures all around you. As our world changes through this season take the opportunity to relish in all its glory. Take advantage of the fallen gems of nature and use them to communicate thoughts and questions as you explore... what's in the bag?

Sensory bags can include treasures from all over. This autumn we have enjoyed exploring with cones, gum nuts and seed pods. Our favourites this year include; cones from a Sheoak tree, gum nuts from a Gum tree, seed pods from a Kurrajong tree, acorns from an Oak tree, berries from a Cedar tree.

- 1 Children close their eyes whilst you select an item from the Autumn Investigation Table and place it in the feely bag.
- 2 All children open their eyes.
- 3 Choose a child to place their hand inside the feely bag without looking.
- 4 Ask the child to describe what they can feel and see if they can imagine or see a picture in their head of what it may look like (using descriptive words will help to increase vocabulary as well as give the other children more information to guess what the object may be)
- 5 Ask them if they can look at the investigation table to identify which object they have.
- 6 Talk about the item and where it has come from to extend knowledge and understanding.

Please remember when collecting your items, to do so responsibly in order to reduce environmental impact and habitat disruption.

REFLECTIONS FROM THE NPSA TEAM

The beauty of this game is that it can be adapted throughout all seasons. The trickiest part – giving every child a turn! This is a very popular game amongst children and their peers. There are many links to Literacy and opportunities to increase knowledge and understanding of our world. Seeing how children take ownership of this game during unstructured play is a real joy! ~ Lisa