



# The Barriers to Nature-based Play and Learning

*Based on research by Nicole Miller, University of South Australia (2022)*

## External Environment

1. Crowded curriculum
2. Lack of funding
3. Weather
4. Lack of suitable space/venue

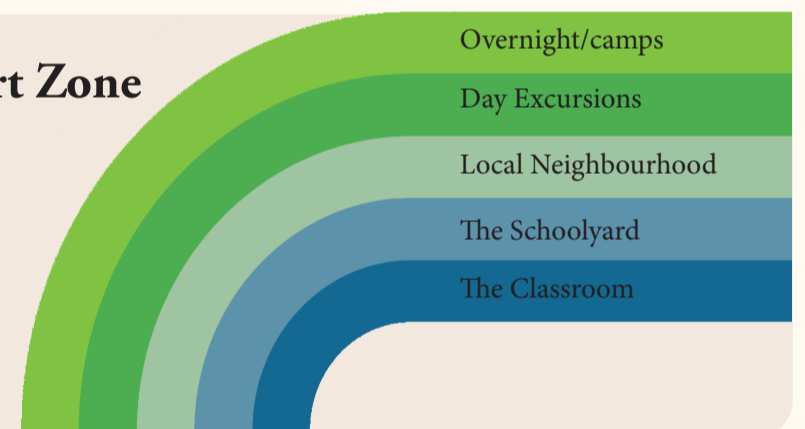
## School Context

1. Limited supervision
2. Staff safety concerns
3. Lack of understanding/ support from others
4. Parent safety concerns

## Personal

1. Teacher knowledge
2. Children's behaviours
3. Lack of time

## Comfort Zone



## Our 4 Key Messages

1. Outdoor learning isn't new learning; what you already know is enough!
2. Embrace your space; what you have is enough!
3. Curiosity rules! There is power in wondering, questioning, and not knowing.
4. Outdoors is the great leveler; it breaks down barriers.

## The Benefits of Nature-based Play and Learning

- Cognitive development
- Connection to nature
- Risk taking
- Student wellbeing
- Social and emotional development

