

NEIGHBOURHOOD nature

*Peppi, Southern
Montessori
School student*



*Ibis' are resilient.
They keep going and try new
ideas to solve problems.*

1

Climb a tree or something tall to challenge yourself.

2

Work with your friends as a team when things are hard.

3

Build a cubby or shelter together by working as a team.

4

Try things that feel a bit tricky, even if they seem hard at first.



10 Ways to Be Resilient Like an Ibis

When Spending
Time Outside

6

Be like an Ibis.
Keep going and try
new ideas to solve
problems.

7

Build things, even
if they might fall
down. You learn
by practicing!

5

Don't give up.
Keep trying even
when something
is tough.

8

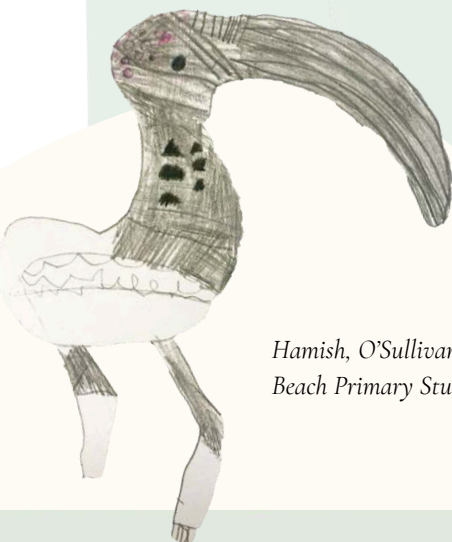
Play games like chasey and
keep playing even if you
don't catch everyone.

9

Help your friends to be
strong and keep trying too.

10

Go on big walks or explore new places.



*Hamish, O'Sullivan
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